

[School Logo]

To: Parents

From: Principal

Date:

Re: Program for prevention of dating violence, domestic abuse, sexual harassment, and sexual violence

Effective July 1, 2016, Virginia law requires that “any high school family life curriculum offered by a local school division shall incorporate age-appropriate elements of effective and evidence-based programs on the prevention of dating violence, domestic abuse, sexual harassment, and sexual violence.”

In response, the school is implementing an evidence-based age-appropriate program developed by Secure/ Higher Ed LLC (“S/HE”), which has proven to be effective and fun for students. The goal of the S/HE program is to not only reduce dating violence, domestic abuse, sexual harassment, and sexual violence, but also strengthen camaraderie within the school community and the bonds between parents and children.

The S/HE program was developed by professionals experienced in medicine, law, psychology, offender treatment and incarceration, law enforcement, education, quantitative methods, and martial arts using the latest pedagogical, social psychological, and criminological research.

Parents are strongly encouraged to review the program content and discuss it with their child both pre- and post-training. Program content is available online at <https://www.securehighered.com/what-can-parents-do>.

Virginia law permits parents to opt their children out of the program. If you wish to opt your child out of the program, please fill out the attached Opt Out Form.

We are very enthusiastic about this program and strongly encourage your child to attend.

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## Opt Out Form

I understand that the S/HE program is the means chosen by the school to offer curriculum on the prevention of dating violence, domestic abuse, sexual harassment, and sexual violence. However, I choose to opt my child out of these trainings related to dating violence, domestic abuse, sexual harassment, and sexual violence.

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Student name

Student Grade (circle one): 12 11 10 9 8 7 6 5 4 3 2 1

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Parent Name

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Parent Signature

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Date