



Martial Arts Instructor Certification Requirements

S/HE strongly supports martial arts instructors and their mission to bring the many benefits of martial arts instruction to their students. When it comes to keeping students safe, S/HE believes in a wholistic approach to martial arts education, ensuring that students can recognize and avoid the most significant threats to their safety.

A student can be well-versed in self-defense, but if she is passed out because she didn't know that 11 oz of that punch would render her near comatose and that a Solo cup holds 18 oz of liquid, her martial arts education failed her. S/HE Safe™ certified instructors are well-versed in the most common threats to student safety and able to incorporate those lessons into their instruction in an age-appropriate, non-threatening, inoffensive, and entertaining way that parents and students will love and appreciate.

For S/HE Safe™ certification (cost = \$1,000 USD):

- Evidence of:
 - Current employment as a martial arts instructor with acceptable employer OR
 - Instructor certification from acceptable organization
- Evidence of recent background check
- Review the curriculum and fill out evidence of completion following each module
- Pass written examination demonstrating mastery of curriculum

What you receive:

- Certification
- Access to all S/HE training materials, which are consistently updated to keep your presentations fresh
- Access to S/HE staff to add material, lesson plan, and create a curriculum designed for your students and their parents

Continued certification (every two years) (cost = \$1,000 USD):

- Re-submit evidence of employment or certification
- Updated background check
- Review the curriculum and fill out evidence of completion following each module
- Pass written examination demonstrating mastery of curriculum