

Statistics

Studies involving college sexual assault indicate the following:

- 1 in 4 women are sexually assaulted in college
- 1 in 16 men are sexually assaulted in college
- 9 out of 10 victims know the person who commits the sexual assault
- Roughly 60% - 80% of college sexual assaults involve an incapacitated victim
- 4 out of 5 rape victims subsequently suffer from chronic physical or psychological conditions
- Fewer than 5% of rapes and attempted rapes are reported to law enforcement
- Sexual assault victims are 13 times more likely to attempt suicide
- Females from ages 18 to 24 consistently experience higher rates of rape and sexual assault than women in other age groups
- In the few cases that result in disciplinary hearings, less than 25% of perpetrators found responsible by the school for sexual assault are expelled.

What Do These Statistics Tell Us . . . ?

A COLLEGE EDUCATION IS AN INVESTMENT IN A FUTURE.

SHOULDN'T YOU INVEST IN THE SECURITY TO REALIZE THAT FUTURE?

Sexual Assault Resources

If you are sexually assaulted, contact 9-1-1 as soon as possible to report the crime and seek medical attention.

Rape, Abuse, and Incest National Network

800-656-HOPE (4673) *Sexual Assault Hotline*
(Available 24 hours/7 days per week – toll free)
www.rainn.org *Web*
online.rainn.org *Online Chat*

National Sexual Violence Resource Center

717-909-0710 *Phone*
717-909-0714 *Fax*
877-739-3895 *Toll Free*
www.nsvrc.org *Web*
resources@nsvrc.org *E-mail*

Not Alone

800-799-7233 *National Domestic Violence Hotline*
(Available 24 hours/7 days per week – toll free)
www.notalone.gov *Web*

National Center for Victims of Crime

202-467-8700 *Phone*
202-467-8701 *Fax*
855-4-VICTIM *Toll Free*
www.victimsofcrime.org *Web*
www.victimconnect.org *Web*

Contact Secure/ Higher Ed

214-256-3155 *Phone*
www.SecureHigherEd.com *Web*

Secure Higher Ed LLC



@SecureHigherEd



Sexual Assault Facilitated Education™ (SAFE™) Program



www.SecureHigherEd.com

What Is The SAFE™ Program?

The Secure/ Higher Ed (S/HE) Sexual Assault Facilitated Education (SAFE™) program is a 7-hour course designed to help young women recognize and avoid situations that may lead to sexual assault, escape those situations where avoidance fails, and fight if escape is not possible.

Why Should A Young Woman Enroll In The SAFE™ Program?

The S/HE SAFE™ program is ideal for women BEFORE they enter college, so they may be armed with the skills to avoid volatile sexual situations. A recent study of first-year college women at a large private university, mostly age 18, showed that 28% of these women had already suffered an attempted or completed rape during high school. A follow up study showed that during their first year of college, over 15% of the women reported an attempted or completed incapacitated rape, and 9% reported an attempted or completed forcible rape.

But We Are From A Good Family And Attending A Good College.

College sexual assault does not discriminate. Studies indicate that victims and perpetrators are largely from middle to upper class backgrounds, from all races, and from all religious backgrounds. Even children raised to be responsible and high-achieving can find themselves in dangerous situations. Many of these situations occur as part of the typical college experience, such as parties or other social events where alcohol is present. And even some of the nation's most prestigious colleges have poor track records when it comes to sexual assault prevention because their first interest is protecting the schools' reputations and funding.

What Will A Young Woman Learn In The SAFE™ Program?

Young women will learn the following:

- How to recognize situations that are high risk for sexual assault;
- Strategies to avoid those situations;
- Strategies to peacefully escape those situations;
- Methods of working with friends to protect each other;
- Methods of saying no to verbally and physically coercive behavior; and
- Techniques to overcome physically coercive behavior when saying no is not enough.

The curriculum consists of games, videos, role playing, and facilitated discussions designed to teach young people about risky situations and how to reduce those risks. Interspersed throughout the curriculum are physical defense techniques, which are learned and re-learned for reinforcement, and videos (many are humorous) designed to explode myths that perpetuate sexual assault.

Who Will Be Teaching The SAFE™ Program?

S/HE is staffed by well-trained, background-checked educators, counselors, doctors, facilitators, attorneys, human resource professionals, law enforcement personnel and martial artists. Our trained personnel have decades of experience in both education and dealing with virtually every aspect of sexual assault, from the investigation, conviction, incarceration, and counseling of the offender to the protection and treatment of the victim. S/HE personnel have developed the S/HE SAFE™ program from multiple perspectives, but with a single agenda: create a program that makes sexual assault less likely for program participants, and turn those students into leaders at their schools to organize others for protection and to effect real and lasting change.

Why Is The SAFE™ Program Effective And Worthwhile?

In Canada, a program consisting of four three-hour instructional units taught female college freshmen to recognize and exit dangerous situations, plus self-defense training. The program was tested at three Canadian universities. During their freshman year, participants had 1/2 as many completed rapes and 2/3 fewer attempted rapes than control group members, who received the standard sexual assault training provided by colleges. ***This is the only program with empirical proof it reduces sexual assault.***

Because of differences between the U.S. and Canada, and the fact that earlier intervention is needed to prevent high school sexual assaults, the S/HE SAFE™ program also: (1) devotes time to realistic alcohol and drug education; (2) demonstrates the negative consequences of the "hook up" culture; (3) focuses self-defense techniques toward acquaintance rape situations; (4) does not devote time to the participants' individual sexual practices; (5) teaches students to recognize and escape abusive relationships; (6) has an optional parental sexual assault education component; and (7) has an optional facilitated meeting where parents express to their children their unconditional support in the event the child is sexually assaulted.

How Do I Sign Up?

The 7-hour S/HE SAFE™ program covers two consecutive half days. The cost of the program is \$495, which includes all class materials, instruction, and daily snacks. Class attendees are encouraged to attend with friends or members of associated groups, as familiarity will support more open communication among participants. To express interest in attending S/HE SAFE™ and to find out about upcoming classes, please visit:

www.SecureHigherEd.com